



The Bill Audit Worksheet

Every bill on one page

General consumer information, not financial or legal advice.

Prices, plans and programs change. Check current terms before you switch or cancel.

© 2026 Rip & Ride LLC. Free to print for your own use. Please do not resell.

Page 10 of 10

Action: K = keep, C = cancel, D = downgrade, N = negotiate (call), S = switch.

Bill	Provider	Per month	Due day	Promo / contract ends	Action
Total per month now					

— 200 —

Check statements, your phone's app store, email receipts and payment apps.

[illegible]

Call prep sheet

Fill this in before you dial. Numbers make the call easy.

Call 1: provider and account

What I pay now and since when

New-customer price

Competitor offer at my address

My goal / walk-away point

Call 2: provider and account

What I pay now and since when

New-customer price

Competitor offer at my address

My goal / walk-away point

Call 3: provider and account

What I pay now and since when

New-customer price

Competitor offer at my address

My goal / walk-away point

Call log

Write it down before you hang up, then check the next bill.

Date	Provider	Agent	Old price	New price	Lasts until	Confirmation #

Savings tally

Bill	Before	After	Saved per month	Saved per year
Total				

Published by Rip & Ride LLC, 30 N Gould St Ste R, Sheridan, WY 82801. Call scripts at stretchingmoneytoday.com/negotiation-scripts.